



MASON'S ISLAND YACHT CLUB
BOX 465, MYSTIC, CONNECTICUT 06355

MIYC FROSTBITE REGATTA

New Year's Day 2012 Sailing Instructions

Schedule:

1000 Sign waiver & randomized boat assignment
1100 Skipper's meeting
1130 Racing
1330 De-rig & move boats to Mystic Seaport
1400 Festivities & Awards -- MIYC

Rules:

The Racing Rules of Sailing for 2009 - 2012 *Including* US SAILING *Prescriptions*, the Dyer Dhow class rules and these sailing instructions.

Notices:

All additional notices will be given verbally by the race committee

Eligibility:

MIYC Members and Invited Guests who have paid in full registrations.

Courses:

Race committee will announce each course prior to each race.
The number of races will be at the discretion of the race committee.

Start:

The start for each race shall be between the R.C. flag and a designated buoy.

Starting Sequence:

Multiple blasts - Warning
2:00 - 2 long blasts - Preparatory
1:00 - 1 long blast
1:30 - 1 long blast, 3 short blasts
0:30 - 3 short blasts
0:20 - 2 short blasts
0:10 - 1 short blast
0:05 - 0:01 1 short blast
Start - 1 long blast

Recall: Individual - by sail #
General - Multiple blasts

Time limit: The time limit for each race shall be one-half hour.

Protests: *Since* the participants are quintessential ladies and gentlemen and would never violate the rules of these races as stated above; and,
Since this event is organized for the pure enjoyment of sailing in a season that our climate is not conducive to; and,
Since we have gathered today for the pleasure of this event, the following shall apply:

1. A written protest must be filed with the Protest Committee Chairperson within 5 seconds after the protesting yacht finishes or withdraws and must be accompanied by a non-refundable contribution of \$1000.00 to the Mystic Seaport Community Sailing Program.
2. The protesting yacht shall be automatically disqualified from that race.
3. The protesting yacht skipper will be restricted to bread and water during awards.

Alternative Penalty: A yacht may, if she acknowledges infringement of a right-of-way rule, or if she illegally hits a mark, exonerate herself by doing a 360-degree turn.

Scoring: The Low-Point Scoring System, Appendix A, RRS shall apply except that each yacht's total score will be the sum of her scores for all races.